

## Health Advocate

Health Advocate Solutions has been helping Americans navigate the complexity of the health care system for over 16 years. They offer a full range of clinical and administrative services as well as behavioral health and wellness programs. They specialize in biometric screenings, an important first step toward improving the health of employees and reducing health care costs.

Serving organizations of any size, nationwide, they offer a broad selection of completely turnkey, customizable screenings. Health Advocate Solutions' on-site biometric screening program lets employees know their risks for preventable diseases such as diabetes, hypertension, and heart disease — motivating them to take action — before they can become costly health issues.

Serving clients nationwide.

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**Website:** [www.healthadvocate.com](http://www.healthadvocate.com)

Program/Service Name	Description	Onsite only, Virtual only, or Both?
<b>Be Empowered</b>		
Package A	<b>Finger stick or venipuncture</b> Lipid profile (TC, HDL, TC/HDL ratio, LDL, LDL/HDL ratio, Triglycerides) Glucose Blood Pressure (BP) & Pulse Body Mass Index (BMI) Measured Height & Weight, Waist Girth	Onsite only
Package B	<b>Finger stick or venipuncture</b> Total Cholesterol; Glucose; BMI (self-reported Height & Weight); Blood Pressure	Onsite only
Package C	<b>Venipuncture Comprehensive</b> (full metabolic/CBC/thyroid/lipid profile) & BP	Onsite only

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Package D	<b>Finger Stick</b> Lipid Profile (Total Cholesterol, HDL, LDL, TC/HDL ratio, Triglycerides)	Onsite only
Package E	<b>Finger stick</b> Lipid Profile, Glucose, BP	Onsite only
Package F	<b>Finger Stick</b> Total Cholesterol/HDL and Glucose Blood Pressure & Heart Rate Height/weight/BMI & Waist circumference	Onsite only
Package G	<b>Venipuncture</b> Total Cholesterol/HDL and Glucose Blood Pressure & Heart Rate Height/weight/BMI & Waist circumference	Onsite only
Blood Pressure	Standalone biometric screening	Onsite only
Body Composition Analysis	Standalone biometric screening	Onsite only
Glucose	Standalone biometric screening	Onsite only
Osteoporosis	Standalone biometric screening	Onsite only
Hemoglobin A1C	Standalone biometric screening	Onsite only
Cotinine	Standalone biometric screening	Onsite only
PSA	Standalone biometric screening	Onsite only
Total Cholesterol (TC)	Cholesterol panel	Onsite only
TC and Glucose	Cholesterol panel	Onsite only
HDL	Cholesterol panel	Onsite only
TC and HDL	Cholesterol panel	Onsite only
TC, HDL and Glucose	Cholesterol panel	Onsite only
Lipid Profile	Cholesterol panel	Onsite only
Lipid Profile and Glucose	Cholesterol panel	Onsite only
<b>Value-Added/Turnkey Services</b>		

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Chem 15 or Chem 20 panel added to blood draw event		Onsite only
Home test kits		Onsite only
Lab vouchers		Onsite only
Physician Forms		Onsite only

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