

Well-Being Champion Application

<Insert your organization's name> will be selecting a Well-Being Champion to coordinate and promote onsite well-being initiatives. This person will act as a champion for <insert your organization's name> healthy living and well-being efforts beginning in <insert year>. In recognition of their service, each Well-Being Champion will receive <incentive>.

Well-Being Champion Qualifications:

- High-energy individual with demonstrated ability to motivate peers and gain support of others
- Team player who can work cohesively with the Well-Being Champion Committee
- Full-time colleague with at least 1 year of service at <insert your organization's name>
- Strong organizational skills with the ability to implement events and collect data
- Available to attend 1 – 2 committee meetings per month
- Enrolled in a <insert your organization's name> medical plan
- Be accountable and diligently perform the tasks requested in a timely manner.
- Assist in the set-up, clean-up, and follow-up of well-being program events
- Promote the well-being program through a variety of methods including company newsletters, bulletin boards, websites, emails, and telephone calls

Please complete the information below and **return to your local HR Department by <date>**.

Name (please print): _____ Employee #: _____

Phone: _____ E-mail: _____

Supervisor Name: _____

Please describe your qualifications and experience for the Well-Being Champion position.

Please describe why you are interested in serving as a Well-Being Champion.
